

HVAC CASE STUDY

New-school HVAC approach improves comfort and air quality for students

Rural elementary school seeks healthier, more comfortable learning environment.

Motivated to improve the air quality and thermal comfort of their elementary school while reducing monthly energy costs, school administrators of Monument School in Monument, Ore., sought a new HVAC solution.

The single-story building was built in 1965 and heated by 25-year-old heat pumps supplemented by multiple space heaters in each classroom during the winter. Other than operable windows, ventilation in the classrooms was provided by manually controlled exhaust fans operated by teaching staff when rooms became stuffy. These exhaust fans let in uncontrolled and unconditioned air, leading to inconsistent thermal comfort and sub-optimal indoor air quality for students, teachers and staff.

This, combined with a desire to reduce their monthly energy costs, compelled the school's administrators to seek out an advanced HVAC approach that could fulfill all their HVAC needs in one fell swoop.



Project Overview



Building Type
Primary school (K-5)



Project Floor Area
7,200 sq. ft.



Energy Utility/Program
Columbia Power Co-op / Bonneville Power Administration



Total Project Cost
\$13.86 per sq. ft.
(before incentives)



Annual Reduction in GHG Emissions
35%



Reduction in Total Building Energy Use
35%

“ We’re no longer sniffing or sneezing or coughing dirty air and dust. The new system just makes us healthier, and when we’re healthier, we’re able to be at our best.”

—Treila Smith, Kindergarten and First Grade Teacher



High-performance HVAC turns in comfort, air quality and energy savings.

The school's administrators found their answer in the advanced performance dedicated outside air system (DOAS) approach. Representing the next step in the ongoing evolution of HVAC design, advanced performance DOAS utilizes the most efficient HVAC systems (such as ductless heat pumps and heat recovery ventilators) and design principles to provide cleaner and safer indoor air, while reducing commercial building HVAC energy use by an average of 65%.¹

Utilizing heat recovery ventilation to save energy, advanced performance DOAS combines high-efficiency HVAC equipment with the DOAS approach that separates heating and cooling from the ventilation. This separation allows for optimal and efficient control of each critical building function while circulating 100% fresh and filtered outdoor air throughout the building.

The result is a healthy and efficient approach to HVAC that reduces overall commercial building energy use by an average of 36%.¹

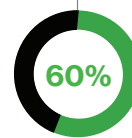
By significantly reducing or eliminating the recirculation of air between spaces, advanced performance DOAS reduces the recirculation of pollutants and contaminated air to improve occupant health, comfort and overall satisfaction.

The school's new approach to HVAC benefits the students, teachers, staff, and building operators by providing:

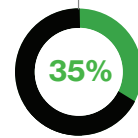
- **Better indoor air quality** due to filtered 100% outside air brought into the space, with little recirculation
- **Increased occupant comfort** through improved temperature stability and the ability to create zones with unique temperature controls
- **Improved occupant productivity** by improving indoor air quality and comfort
- **Lower energy bills**

CONVERSION SUMMARY

Pre-existing HVAC system:	5x 2.5-ton unitary heat pumps, plus 1-3 space heaters in each classroom
New HVAC system:	5x 2-ton ductless mini-split heat pumps 1x 1.5-ton ductless mini-split heat pump 1 Ventacity VS1000RT HRV



reduction in total HVAC energy use



reduction in building energy use

Healthy air for better learning.

By choosing the advanced performance DOAS approach, the school administrators chose to prioritize not only the thermal comfort of their students and teachers, but their health and safety as well. They knew that advanced performance DOAS could enhance classroom air quality and support student and teacher health by reducing the spread of infectious diseases like the flu and Covid-19.²

While many effective HVAC approaches can increase the ventilation rates and health of occupants, most also dramatically increase energy costs. Advanced performance DOAS, on the other hand, provides 100% filtered outside air to decrease contaminant spread, and uses significantly less energy than competing high-ventilation approaches.

Now more than ever, HVAC design requires careful attention to ensure safe, clean air for students and teachers. By employing the advanced performance DOAS approach, Monument School found a healthier solution that also reduces the overall costs of building operation.

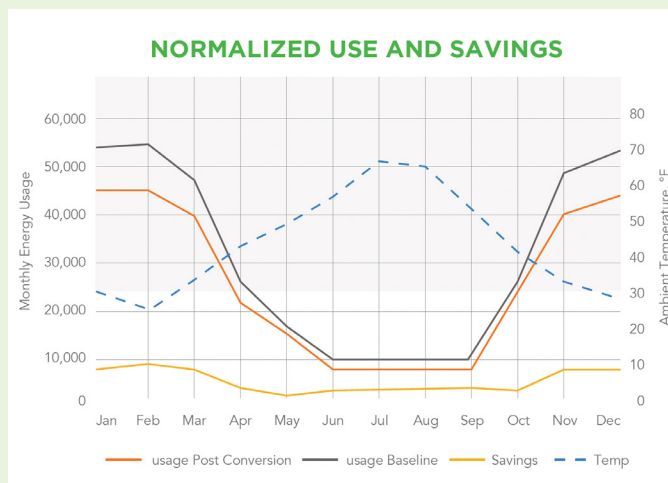
Results

In addition to cutting the building's HVAC energy use in half, the advanced performance DOAS approach left teachers and staff praising the healthier, fresher air and increased temperature control. Advanced performance DOAS gives teachers and parents peace of mind on several fronts – in addition to increasing indoor air quality, the school was able to remove multiple uncomfortable space heaters in each classroom.

The project further resulted in a reduction of 16 metric tons (35%) in greenhouse gas emissions (GHG) annually.³

In the 12 months following the advanced performance DOAS installation, utility data suggests that the school has reduced their energy use by almost 60,000 kWh (60% HVAC energy use reduction), when compared to the previous system and when normalizing for weather. Though this utility data is based on a single utility meter that serves the entire campus, there is nevertheless a noticeable reduction in HVAC energy use shown during the period of November 2019 through October 2020 when compared to the previous two years before the conversion.

“It's been a wonderful upgrade for our district,” said superintendent Laura Thomas. “There's a feeling of freshness in the classrooms and the air temperature is more consistent. It provides you energy efficiency, but more importantly, it provides a more comfortable learning environment for students and staff. I would absolutely recommend this type of upgrade to other school districts.”



© 2023 Northwest Energy Efficiency Alliance

¹ Source: Twelve real-world demonstration projects by Northwest Energy Efficiency Alliance, as compared to code-minimum systems.

² Based on findings from NEEA's 2021 Covid-19 Risk Reduction Strategies and HVAC System Energy Impact Report: betterbricks.com/resources/covid-19-hvac-risk-reduction-strategies.

³ Reported GHG emissions reduction is based on the following assumptions: 1) 11.7 pounds of CO₂ per therm of natural gas saved, 2) 0.91 pounds of CO₂ per kWh avoided (Source: Northwest Power and Conservation Council's latest report from 2018 on avoided CO₂ rates in the Northwest).

betterbricks/

To learn more about advanced performance DOAS, visit betterbricks.com/apdoas